1. Clean ears and wash hands thoroughly. Dirt and debris will affect the cure rate of this product. Have a mirror ready before beginning.

2. Gently remove material from each container and divide into two equal portions. Store the remaining halves in their respective containers (see first photo). Keep the colored and white material separated until ready to begin the molding since mixing the two will start the curing process.

3. To begin the curing process, knead one of the colored halves and white halves together vigorously for 30-45 seconds or until streak free (see second photo). Roll into a ball (see third photo). Immediately proceed to step 4.

4. Keeping your head level, gently press material into one ear by pushing in the center of the silicone. Fold the excess in and press the center again several times (see fourth photo). The silicone will then conform to your ear’s contour forming a good seal. Fill outer ear as completely and smoothly as possible. A mirror is helpful to render a smooth outer surface and finished look. Any excess material not needed to fill outer ear during molding can be pinched off before totally cured and discarded. **DO NOT PRESS MATERIAL TOO DEEPLY INTO THE EAR CANAL. DO NOT CHEW OR TALK DURING THIS PROCESS.** Once a uniform, consistent plug is formed, let plug cure for a minimum of 10 minutes in the ear. Allow longer if formed plug is still pliable.

5. **DO NOT REMOVE PLUG FROM THE EAR FOR A MINIMUM OF 10 MINUTES.** Once cured, gently remove plug by slowly twisting and pulling from top of formed plug. It is recommended the finished ear plug cure an additional three hours before storing in storage bag.

6. A properly formed ear plug will have a smooth outer surface, closely contour to the ear, partially extend into the ear canal and fit snugly (see fifth photo).

7. Repeat the above steps with the remaining colored and white silicone portions for your other ear.

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**TIP! TO REINSERT FOR NEXT USE**

For best results, pull up on top of ear while pressing plug into ear to allow earplug to seat fully and air to escape ear canal. Plug will “snug up” as it warms to body temperature.

Use only as directed. Do not use with latex gloves. Adult supervision required for children. Read and follow all instructions. Do not remove formed ear plug for a minimum of 10 minutes after forming in the ear. Mold material must cure fully before removing from ears. Do not force mold material into ear canal. Do not elongate mold material. Misuse or improperly following instructions may lead to serious injury. Keep out of reach of children. Not responsible for misuse. Do not ingest.

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